**7th GRADE HEALTH**

**Mr. Jackson**

**Students will comprehend and demonstrate basic health concepts. With this newly gained information, students will be able to make informed decisions about their personal health.**

**TOPICS:**

**- Tobacco Nutrition**

**- Drugs and Alcohol Human Growth and Development**

**- Non-communicable diseases Abstinence**

**- Communicable diseases Social Health**

**- First Aid and CPR Mental Health**

**GRADING:**

**- Daily grades - 50% - class work , we will very rarely have homework!**

**- Major grades - 50% - tests and participation**

**SUPPLIES:**

**- Health notebook - a separate spiral notebook with pockets is required. Pockets are necessary for handouts. This is where all daily work will be completed and kept for grading. This notebook will be kept in the classroom - it is NOT to leave the room!**

**- Pen and pencil daily**

**- Map pencils**

**- Please feel free to donate tissue and hand sanitizer. Thanks**

**CLASSROOM PROCEDURES**

**- Be on time.**

**- Be courteous.**

**- Complete bell ringer assignment immediately upon entering the class.**

**- Assignments will be written on the board. Students should copy them into their planner.**

**- Students must maintain a separate Health notebook and keep it in the classroom.**

**- Take care of personal needs between classes.**

**- Bring a pen and pencil daily.**

**- Stay seated.**

**- Ask questions at appropriate times.**

**- Sharing is encouraged -Confidentiality is MANDATORY!**

**- Apply what is learned to real life decisions!**

HEALTH -PARENT INFORMATION SHEET

Student Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class period \_\_\_\_\_\_\_\_\_\_\_\_\_

Parents' Names \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mom's Cell \_\_\_\_\_\_\_\_\_\_\_\_\_\_/ Work \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dad's Cell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/ Work \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please indicate which phone number and email should be used as the primary contact info.

Thank you